Cedar Park School & Nursery

Be kind ★ Be inspired ★ Believe

Year 1 Subject Overview

Subject	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Art		Drawing, Collage and Mark-Making: Spirals		Printmaking, Collage and Drawing: Simple Printmaking		Sculpture and Drawing: Playful Making
Computing	Mouse and Keyboard Skills	Digital Art	Moving a Robot	Grouping Data	Digital Writing	Introduction to Programming
Design and Technology			Mechanisms: Wheels and Axles		Textiles: Templates and Joining	
Geography	My School		The United Kingdom		The World	
History		My Family History: What was life like when our grandparents were children?		The Greatest Explorers: Who were the greatest explorers?		Great Inventions (Transport): How did the first flight change the world? Why were the Rainhill trials important?
Music	Hey You		Rhythm In The Way We Walk The Banana Rap		Round and Round	
Physical Education	Sending and Receiving Fundamentals	Ball Skills Team Building	Gymnastics Target Games	Dance Invasion Games	Swimming Striking and Fielding	Swimming Athletics
PSHE	Being Me in My World	Celebrating Differences	Dreams and Goals	Healthy Me	Relationships	Changing Me
RSE				Lesson 5: How to be a good friend and enjoy healthy friendships.	Lesson 1: Families Lesson 2: Making Friends Lesson 3: Greetings and Physical Contact Lesson 4: People who help us Lesson 5: Friendship Qualities Lesson 6: Celebrating special relationships	Lesson 1: Lifecycles of animals and humans Lesson 2: Growing Up Lesson 3: My Changing Body Lesson 4: Boys' and Girls' Bodies Lesson 5: Learning and Growing Lesson 6: Coping with Changes
Religious Education	Christianity: What do Christians believe about God?	Christianity: What gifts might Christians in my town have given Jesus if he had been born here rather than in Bethlehem?				Judaism: Who is God to the Jews?
Science	Animals including humans: All about me	Seasonal Changes	Everyday Materials 1	Animals including humans: Identifying Animals	Plants	Everyday Materials 2